

Information

Från Västerhav till Östersjö Halmstad – Ljungby – Karlshamn



Banvallsleden (Halmstad–Ljungby–Karlshamn) is easy to cycle on, this is a normal advantage, but here the embankment goes through beautiful and varied terrain the whole time. The villages remain, and several stations are still intact. It gives a good impression when the name of the village can still be read on the façade of the station buildings. In several places even the signals, platforms and goods sheds have been preserved. Nor have the local facilities disappeared. On the contrary, several districts are prospering, and are full of ideas and optimism.

The scenery is magnificent, with vast oak and beech forests, nature reserves, flowing watercourses, and large lakes.

Simlångsdalen is famous for its beauty, and the route crosses several big rivers, following Mörrumsån for many miles – possibly the best salmon-fishing waters in the world.

The lakes Bolmen and Åsnen are impressive, and other things well worth seeing can be found amongst all of this – mills and estates, castles and manors, splendid ancient relics, and modern attractions.